

Psychiatric Liaison Team

The psychiatric liaison team provides excellence in psychiatric evaluation and triage services throughout the Scripps system. Our team strives to ensure the well-being of every patient by recognizing the importance of the mind-body relationship to promote healing and wellness.

All psychiatric liaison team members are either nurses and/or licensed mental health professionals with a broad range of skills and experience. Although based at Scripps Mercy Hospital, San Diego, the team travels countywide serving Scripps hospitals.

The psychiatric liaison team is called when a patient presents with an acute psychiatric emergency, or when a patient's medical care is compromised due to psychiatric symptoms or poor emotional adjustment to an accident or illness.

The psychiatric liaison team in collaboration with psychiatry provides:

- Mental health assessment and triage.
- Evaluations for involuntary psychiatric treatment.
- Consultation by attending psychiatrists.
- Assistance with behavioral management and safety issues.
- Referrals for inpatient and outpatient psychiatric care.
- Dual-diagnosis evaluations and referrals.
- Referrals for psychological effects of complex medical disorders and trauma.
- Information and education.

Psychiatric liaisons are available at each Scripps hospital seven days a week from 7 a.m.–10 p.m. and on call at other times.

For more information about the psychiatric liaison team, please contact:

**Scripps Behavioral
Health Services
Psychiatric Liaison Team**
619-686-3663

scripps.org/mentalhealth

Caring For You

Mental illness affects not only the brain, but every aspect of a person's life: mind, body and spirit. It can alter the way one thinks, feels and acts, eventually becoming so overwhelming that it interferes with work, relationships and normal day-to-day activities. Mental illness can affect anyone, regardless of age, economic status or ethnicity. Fortunately, great advancements have been made in the understanding and treatment of mental illnesses, and most people can now be successfully treated. Scripps Behavioral Health Services offers care for adult patients with psychiatric conditions.

Inpatient Care

Sometimes people suffering from acute psychiatric disorders are unable to live independently or may even pose a danger to themselves or others. In such cases, hospitalization may be the most appropriate alternative. Scripps Behavioral Health Services offers the acute care inpatient program, which helps patients and their loved ones work through short-term crises, manage mental illness and resume their daily lives.

Experienced Professionals

Our team of specialists includes:

- Psychiatrists
- Psychologists
- Marriage and family therapists
- Nurses
- Social workers
- Activity therapists
- Occupational therapists
- Chaplains
- Pharmacists

To learn more about Scripps Behavioral Health Services, please call **619-260-7005**, or visit **scripps.org/mentalhealth**.

For more information on other health care services available at Scripps, visit **scripps.org** or call **1-800-SCRIPPS (727-4777)**.

