

- **Creative Friends:** Ask an artistic friend to donate the proceeds from a piece of art or jewelry sale to support you.
- **Change Jar:** Include a change jar at work or put it out at family parties. It adds up, and you might collect more than just change.
- **Delegate:** Ask ten friends to ask ten of their friends to support you by donating \$20 each. Make a custom flyer or provide your friends with a sample social media post. This is an easy way to extend your network.
- **Brown Bag it:** Remind friends they can make a monthly donation of \$10, or the price of one lunch. This can add up over the months.
- **Sponsors:** Look for sponsors and print their name on your shirt when you run.
- **Auction:** Ask a business to donate items to be auctioned off for donations.
- **Corporate Matching Gifts:** Ask a company to donate a dollar for every dollar you raise.
- **Run Shops:** Ask local run shops if they would sponsor your run.
- **Dress Down Day:** Ask your company to allow an official UCI Anti-Cancer Challenge day. For the privilege of dressing down, employees pledge \$20 to the event.
- **Rock on:** Do you know any musicians? Have them perform a benefit concert.
- **Answering Machine/ Voicemail:** This will alert everyone who calls that you're up to something special!
- **Signature:** Create a custom email signature that includes information on your run and a link to donate.
- **Tickets:** Ask a local theater or entertainment park to donate two tickets that you can auction off for a donation.
- **Housewarming:** If you plan to move, ask your friends to donate to your run instead of buying a gift.
- **Karaoke Night:** Have your friends pay to sing!
- **Used Book Sale:** Ask friends and family members to donate old books and host a book sale. Take the leftover books and sell them on Amazon or eBay for even more.
- **Curse Jar:** Place a curse jar in your office and whenever someone says a bad word they have to open their wallet and donate \$1.
- **Independence Day:** Provide a festive drink or goodie in exchange for a donation.

- **Return Address Labels:** Print address labels for all your outgoing mail. Print something like, “I’m Running for Cures for a cancer-free world. Will you sponsor me?”
- **Tips:** Ask servers or bartenders at your favorite local restaurant/ bar to donate a portion of their tips to your run. Put out a sign on the bar and collect even more!
- **Birthdays:** Ask friends and family to make a donation instead of buying you gifts this year.
- **Business Cards:** Create business cards to hand out to people as you discuss your run. They will come in handy!
- **Radio Station:** Call your favorite radio station and ask them to make an announcement on air. They may even interview you.
- **Gym:** Ask your gym or studio to place a change jar at the front with a sign. Or put out flyers on how to donate to your run.
- **Hair Salon:** Ask your barber or hairdresser to donate \$2 from every haircut to your run.
- **Neighbors:** Tape a flyer to your neighbor’s doors letting them know what you are doing and asking for a donation.
- **Free Rent:** Ask your landlord to donate a month of rent to your run.
- **Meet the Press:** Does your company distribute a newsletter? Or do they make announcements via intra-office email? Get the word out.
- **Clubs, Organizations, or Church Bulletin:** Place an advertisement in your club, organization or church newsletter letting members know what you’re up to.
- **Newspaper or magazine:** Write in your local newspaper or ask your favorite magazine to donate to you.
- **Ask someone you don’t know for money!** You might just get it.
- **Happy Hour:** Host a Happy Hour and ask all your friends to donate \$10 to your run to attend. Have all participants sign a shirt that you wear to the Anti-Cancer Challenge Festival on Saturday.
- **Ride Along:** Invite your network to join you for a run this weekend. Each runner must donate \$10 to participate. Ask friends to invite their friends to join.
- **Host a tailgate or March Madness Party:** Every participant adds a donation. The winner gets half, and the other half goes to a donation.
- **Car wash:** Enlist your friends and host a car wash for a great cause.

- **\$500 Challenge:** Make a challenge to raise \$500 by the end of the week. Post it on your Facebook and blast it to your friends. Every time you get a donation post a thank you on Facebook to create interest. The last two days post frequently as the time ticks down.
- **Money Challenge:** Ask friends to donate \$10 for every mile you run or \$1 for every mile you ride.
- **Coffee Challenge:** Ask your friends to brew at home and put the \$25 they would spend at a coffee shop in a week (\$5 a day) towards sponsoring your run.
- **Office Challenge:** Speak with everyone in your office and get co-workers to challenge each other to raise the highest amount. Give the winner a prize like movie passes or a gift certificate.
- **New Year's Resolution:** Ask all your friends to donate as a New Year's Resolution.
- **World Cancer Day:** World Cancer Day is February 4. Ask every friend to give a donation, no matter the size, to your run to create a cancer-free world.
- **Valentine's Day:** Challenge friends to share the love with a donation instead of buying chocolates this year.
- **Breast Cancer Awareness Month:** Ask all your friends to donate in October for Breast Cancer Awareness Month.
- **Cleaning:** Offer your neighbors or friends services like raking leaves, mowing the lawn, shoveling snow, take down holiday lights, or cleaning out the garage in exchange for donations.
- **Decorate:** Offer to decorate your neighbors or friends porch or lawn for a holiday in exchange for donations.
- **Goodies:** Prepare a seasonal treat like pie, bread or even hot cocoa kits, take orders, have recipients donate instead of purchase treats.
- **Housesit:** If your neighbors are traveling out of town; offer to housesit in exchange for a donation.
- **Errand Runner:** Offer to be your friends' and coworkers' personal assistant for a day (or few hours) in exchange for a large donation.
- **Babysit or Petsit:** Offer your services in exchange for a donation.
- **Bookmarks:** Make inspirational bookmarks and sell them to friends and family.
- **Game Night:** Get out board games, poker, or make your own bingo game. Break into teams and have all your friends pay to play.

- **Gym:** Ask your gym or studio to donate their space or time hosting a fitness class, all entry fees go as a donation.
- **Themed dinner:** Host a theme party for 10 or more friends. Have each guest donate \$50 to attend. Spend no more than \$20 per person on food and you will have \$300 or more in donations.
- **Garage Sale:** Organize your neighborhoods garage sale and ask that all earnings be donated.
- **Bowling:** Ask a local bowling alley to waive the fees to play. Invite your friends to pay to play.
- **Goodies:** Host a bake sale and have guests give a donation instead of purchasing a treat.
- **Movie Buffs:** No tickets needed, just a cash donation for a movie night or Oscar party.
- **Season Finale:** Host a season finale party, guests donate to attend.
- **Chili Cook Off:** Friends pay \$20 to participate. They bring their best chili and rank the competitor. Half the money goes to the winner, half the money is a donation.
- **Get Festive:** Host a fall wreath making party, or scary movie night, or a pumpkin carving contest and have all guests donate to participate.