



FOUNDATION FOR  
SARCOIDOSIS RESEARCH



### **Stopping Sarcoidosis One Snowflake at a Time Cut-Out Instructions**

Congratulations! You have received a donation in your honor or have made a donation in honor of someone special this holiday season. As a part of the Stopping Sarcoidosis One Snowflake at a Time campaign, we invite you to cut out a snowflake for each gift made in your honor or for each gift you make and using your cut out snowflakes, create a blizzard!

See below for instructions and a template snowflake cut out on the second page.

1. Once you have received a gift in your honor, or made a gift, you can cut out or print out your favorite snowflake!
2. Gather your materials.
  - a. Scissors
  - b. Plain white paper (if you are cutting your own snowflake)
  - c. Ruler
  - d. Print the snowflake seen on the second page
3. [For those interested in cutting out your own snowflake, click here to watch a video showing the instructions!](#) See below for instructions.
  - a. Fold your paper diagonally.
  - b. Cut off the excess paper at the bottom.
  - c. Fold your paper in half.
  - d. Fold the paper in thirds.
  - e. Flatten out the top of your paper by cutting off points.
  - f. Draw your own pattern for your snowflake.
  - g. Mark all of the empty spaces you didn't draw on with an x.
  - h. Cut out the marked sections and unfold to reveal your snowflake.



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4. Once you have your snowflake cut out done, write the name of the person who support your campaign on the snowflake and take a picture to share with the donor! Tape the snowflake to your favorite spot to start your blizzard!

