

# Survivors of Suicide Loss



**[www.SOSLsd.org](http://www.SOSLsd.org)**

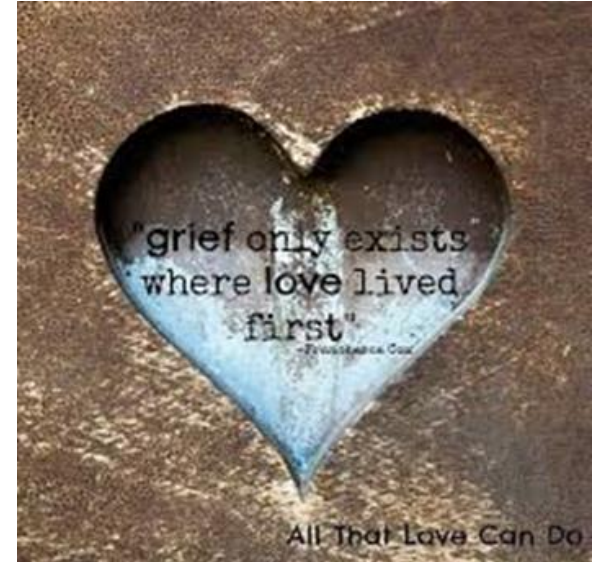
**Email – [info@SOSLsd.org](mailto:info@SOSLsd.org)**

**Warmline 619 482-0297**

# Postvention Services Prevent Future Suicides

Activities which reduce risk and promote healing after a suicide, but the preparation must take place before the suicide.

- Individuals left behind after a suicide are at risk for suicide themselves.
- Trauma must be addressed



*Effective aftercare works with the clearly identified “at-risk” population to reduce further instances of suicide.*

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## SERVICES/PROGRAMS/ACTIVITIES

- **Support Groups – 200 + in 2019**
  - **During COVID 19 – SOSL groups are offered online**
- **Warm line 619 482-0297**
- **One on One Phone Email Support**
- **Quarterly Newsletter**
- **Website**
- **Education – 120 presentations in 2019**
  - **QPR Suicide Prevention Training**
  - **Postvention Training**

